

LOOKING AHEAD CHRISTIAN COUNSELLING CENTRE

Institute for Human Relations Counselling and Psychotherapy, Vellore

Upcoming Courses for the Year 2023- 2025

(Short Courses will also be conducted at the request throughout the years)

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8 Week Intensive PG Certificate in Counselling Psychology (Residential, 400 hours)		8 Week Intensive PG Certificate in Counselling Psychology (Online, 400 hours)	
Course No	Duration	Course No	Duration
C.No.178	4 th July to 25 th August 2023	C.No.178	4 th July to 25 th August 2023
C.No.179	3 rd October to 24 th November 2023	C.No.179	3 rd October to 24 th November 2023
C.No.180	6 th February to 29 th March 2024	C.No.180	6 th February to 29 th March 2024
C.No.181	9 th April to 31 st May 2024	C.No.181	9 th April to 31 st May 2024
C.No.182	2 nd July to 23 rd August 2024	C.No.182	2 nd July to 23 rd August 2024
C.No.183	1 st October to 22 nd November 2024	C.No.183	1 st October to 22 nd November 2024
C.No.184	4 th February to 28 th March 2025	C.No.184	4 th February to 28 th March 2025
C.No.185	1 st July to 22 August 2025	C.No.185	1 st July to 22 August 2025
C.No.186	7 th October to 28 th November 2025	C.No.186	7 th October to 28 th November 2025

4 Week Intensive PG Certificate Course in Counselling Psychology (Residential, 200 hours)		4 Week Intensive PG Certificate Course in Counselling Psychology (Online, 200 hours)	
Course	Duration	Course	Duration
July 2023	4 th to 28 th July 2023	July 2023	4 th to 28 th July 2023
October 2023	3 rd to 27 th October 2023	October 2023	3 rd to 27 th October 2023
February 2024	6 th February to 1 st March 2024	February 2024	6 th February to 1 st March 2024
April 2024	9 th April to 3 rd May 2024	April 2024	9 th April to 3 rd May 2024
June 2024	4 th to 28 th June 2024	June 2024	4 th to 28 th June 2024
July 2024	2 nd to 26 th July, 2024	July 2024	2 nd to 26 th July, 2024
February 2025	4 th to 28 th February, 2025	February 2025	4 th to 28 th February, 2025
July 2025	1 st to 25 th July 2025	July 2025	1 st to 25 th July 2025
October 25	7 th to 31 st October 2025	October 25	7 th to 31 st October 2025

Short Courses for the Year 2023- 2024- 2025	
Dates	Name of the Universities/Colleges/NGOs
1	Savitri Medical College and Hospital, Chennai, Tamil Nadu
2	Department of Psychology, Savitribai Phule Pune University
3	School of Liberal Arts, Dr Vishwanath Karad MIT World Peace University, Pune
4	Pravaham Community College
5	Department of Psychology, Faculty of Humanities & Social Sciences, Vishwajyoti University, Pune.
6	The An Baptist Church Association (ARBA)

7. Our Staff are Exploring Further Counselling Services, Online Courses & Special Short Courses as new offerings from June 2023 in Collaboration with Alumni as Guest Faculty



Pravaham Community College



Mrs Lucy Shyamsundar Director of Pravaham applauded CCC training for 700 rural girls in the past 19 years which was transformational.

Mr Vikato Board Member gave greetings on behalf of CBCNEI from which many have attended courses at CCC & benefited The North East immensely.



Director's Remarks

1. Time to look back (with nostalgia), Look in (with pause and reflection), Look around (for opportunities and or to create them) and Look Ahead (with hope, optimism, vision and passion to flourish and thrive towards self-actualization combined with compassion for others in need)- Netau Natu RRR feeling!
2. Post (Heritage, Alumni including Magazaysay awardee Mrs. Gethsia Shanmugam, 50 honoured Alumni, Literature, Service Training and Research) Present (on going and Saveeta certificates and Symbolic Gestures) and Futura (Unlimited Possibilities of need for Skilled support for holistic well-being in a volatile world)
3. Feelings of validation, fulfillment of vision, pride and humility, achievement and gratitude to the almighty (Covid-19 mighty), appreciation to the wisdom of the Governing Board / Association throughout, co-operation of every staff and participant and grace, call and commitment, outstanding results and further possibilities of sustainable growth, healing transformation effective struggle, graceful acceptance of the unchangeable, distress tolerance, stimulation of innovation, blessing of new learning every day including Learning from mistakes also.
4. We are heir of the past, stewards of the present and trustees of the future: Going forward, seek your prayers, support, interest, encouraging enrolment, suggesting innovative ideas that are sustainable.
5. The next 50 years are beckoning CCC ideas skills and continuing meeting of ever-growing need. When you look back with hope you will have similar sentiments even in a greater measure of the centenary.
6. Let us dedicate ourselves for all the above and experience "do you want to be a tomato or tennis ball?" and "Do you want to be the problem or the solution?"

Quotable Quote

Dr Victor Frankl author of "Man's Search for Meaning" who struggled in Hitler's concentration camp & formed Logo therapy said, "Between the stimulus and response, there is a space. And in that space lies our freedom and power to choose our responses. In our response lies our growth and our freedom" (Frankl, 1946)



CHRISTIAN COUNSELLING CENTRE Institute for Human Relations Counselling and Psychotherapy

Glorious Golden Jubilee Closing Function on March 18th 2023 with Guests of Honour, Participants of course 177, one-year advance course, Clinical Psychology students from Saveeta medical college & distinguished alumni from different parts of this Country & Nepal.

Golden Jubilee Closing Function

Life Long Learning Commitment

Saturday 18 March 2023



Welcome by - **Dr B J Prashantham**
 Director for over 50 years &
 Guru of Counselling as a tool for non-violent social change



Mr Chandrashekar, Director APCA
 Comments of Guest of Honour Academy of Prison & Correctional
 Administration (APCA) is Associated with
 CCC From 1979 & Benifted From Counselling Training for Prison Officers



**Unexpected warm greetings from
 Mrs Khevili Alumna from Dimapur**

Dear uncle. I pray that you are in the best of your health, I do remember you in my heart and I wish you could travel and reverse us, I feel so fresh of your visit and the education of counseling you impart to us is valued, we feel so great full to you. Last Saturday All Nagaland Counsellor Association had a meeting and Dr Zeva our president mentioned your name, he said that he got opportunity to attend in one of your teaching there in Delhi organisation by some government department, I was proud of you and I said to him about your calibre how God is using you for our nation. I wonder how God is feeling good and proud of you a true heavenly citizen representing here on earth, I thank God always for making me know you through my respected Meena mom. Khevili

Dr Sunil Chandy, Chairman
 Governing Board, CCC Felicitations & Encouragement
 that "artificial intelligence (AI)" is no substitute for Human Relations



Dr Sivaji Nodal Officer
 Psychiatrist Vellore District
 Representing Respected Collector & Deputy Director of Health Interested to
 Collaborate with CCC to promote mental wellbeing Through Counselling Services



Greetings from Distinguished Alumni
**Dr Sangeeta (Assam Gauhati), Ms. Soniya (Bhubaneswar), Mr Dinakaran (Chennai),
 Mr Mehboob Ali (Hyderabad), Mrs Saakshi (Mumbai), Dr Khatri (Lucknow)**
 Experssed Nostalgia, Gratitude, Success & Special Rennebrance of Late Mrs. Meena Prashantham



Topics covered in the alumni - participants - interactions are: Career Counselling, Cognitive Disorder & Counselling Skills Development and outreach in the mental health in communities police international level. Very much appreciated. People wished to have more time enriching, encouraging & motivating.

Guests from CMC, Karigiri, Ida Scudder, VIT University



Clinical Psychology students from Saveetha Medical University



Visit to the Heritage Room well set up

**Tree Plantation by
 Dr Sunil Chandy and Dr Mrs Gigi Chandy**



**Group Picture of 177th Batch with
 One Year Trainees, staff & Director**

**Auxilium Completed 10-Month
 CCC Counselling Course**